

## Quick Guide to References in APA Format

### **In-Text Citations**

When citing the work of others in your manuscript, there are two primary stylistic ways to incorporate the citation into the sentence. Do not isolate yourself to one technique, finding a balance between them will improve your sentence structure and help your argument to flow better. The following are examples of each.

#### Author (year) information

Cuervo (2003) found a significant negative relationship between drinking alcohol and driving ability.

#### Information (author, year)

Recent empirical evidence suggests a negative correlation between drinking alcohol and driving ability (Cuervo, 2003).

### **If The Work Has Multiple Authors**

For works of **2 authors** the style is the same, but be sure to cite both names every time the reference occurs.

The probability of waking up in a strange place has been shown to significantly increase with each additional body shot (Daniels & Beam, 2002).

For works of **3-5 authors**, cite all of them the first time the reference occurs, then only the first author followed by 'et al.' and the year in the following reference. The year may be omitted in any subsequent reference of the same work.

In a study of college sophomores, funneling beer had the effect of increasing streaking behavior (Adams, Fosters, Miller, Busch, & Guinness, 2003).

Streaking behavior was most likely to occur through the quad and to the gymnasium (Adams et al., 2003).

### **Reference list**

The following are examples of how to properly cite various different types of works in a reference list.

#### Journal Article

Author, A. A., Author, B. B., & Author, C. C. (Year). Title of article. *Journal Name*, *Volume*, 10-22.

#### Book

Author, A. A. (Year). *Title of book*. Location: Publisher.

#### Book Chapter

Author, A. A., & Author B. B. (Year). Title of chapter. In A. Editor, B. Editor, & C. Editor (Eds.), *Title of book* (pp. 123-456). Location: Publisher.

This guide written by Rick Addante as Instructional Intern duties for Research Seminar in Neuropsychology

Conference poster or paper presentation:

Author, A., & Author, B. (Year, Month). *Title*. Poster/paper presented at name of conference/meeting, City, State Initials.

**Before Finishing, DOUBLE CHECK:**

Are the references in the text also in the reference list, and vice versa?

Is the spelling and date from the text references congruent with the reference list? (Some last names can get pretty tricky.)

Did you spell out the journal titles completely, and in the appropriate cases, in the reference list? Do not forget to italicize both the name and volume.

Are the references ordered alphabetically by the author's last names? (The last names of the authors are listed first, right?)

Is it **double-spaced, with second and subsequent lines of references indented?**

Are only the last names of the authors listed? First names should not be listed, only first initials in the reference list.

Your APA Publication Manual provides many more details and examples in chapters 3 and 4.

**For additional info, the following links are also useful:**

- Help with writing in APA style: <http://www.uwsp.edu/psych/apa4b.htm>
- APA's Style Website: <http://www.apastyle.org/index.html>
- APA citation style - another good website:  
[http://campusgw.library.cornell.edu/newhelp/res\\_strategy/citing/apa.html](http://campusgw.library.cornell.edu/newhelp/res_strategy/citing/apa.html)