

THE 2011 HAMILTON COLLEGE CROSS COUNTRY INVITATIONAL
 October 8 Hamilton College Golf Course

WOMEN'S RACE - 5K
 Results by Leone Timing & Results Services
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PLACE	PTS	NAME	YEAR		TIME	MILE PACE
			PLACE	SCHOOL		
1	1	Heidi Baumbach	SR	1 Ithaca College	18:41.5	6:01
2	2	Nichole Wischoff	JR	1 SUNY New Paltz	18:48.8	6:04
3	3	Sarah Krolick	SO	1 Roberts Wesleyan Coll	18:55.5	6:06
4	4	Alissa Kersey	GR	1 Ithaca College	19:04.4	6:09
5	5	Kimberly Mills	JR	2 Roberts Wesleyan Coll	19:09.4	6:10
6	6	Alexa Rick	FR	1 Ithaca College	19:17.2	6:13
7	7	Rachel Prutsman	FR	2 Roberts Wesleyan Coll	19:25.5	6:16
8	8	Carly Graham	JR	3 Ithaca College	19:33.1	6:18
9	9	Savannah Boucher	FR	3 Mohawk Valley CC	19:37.9	6:20
10	10	Molly Quinn	JR	4 Ithaca College	19:41.3	6:21
11	11	Rachel Cannon	FR	4 Roberts Wesleyan Coll	19:43.8	6:22
12	12	Amanda Wolfer	SO	2 SUNY New Paltz	19:51.4	6:24
13	13	Christina Bartonice	JR	5 SUNY New Paltz	19:51.6	6:24
14	14	Molly Brown	SR	2 Ithaca College	19:51.9	6:24
15	15	Hannah Lyons	SO	3 Hamilton College	19:55.1	6:25
16	16	Emily Middlebrook	FR	5 Wells College	19:57.6	6:26
17	17	Stephanie Peck	FR	6 Mohawk Valley CC	20:00.0	6:27
18	18	Sara Scheineson	SR	3 Hamilton College	20:01.5	6:27
19	19	Terisa Woych	FR	7 SUNY New Paltz	20:05.3	6:28
20	20	Kelsey Ryan	JR	6 Nazareth College	20:05.7	6:29
21	21	Anastasia Diamond	FR	8 Ithaca College	20:06.3	6:29
22	22	Allie Gurney	SO	4 Hamilton College	20:07.2	6:29
23	23	Glenn Watkins	SR	4 Hamilton College	20:08.8	6:30
24	24	Nikki McCarthy	JR	7 SUNY New Paltz	20:10.8	6:30
25		Ebonie Howard	JR	8 Ithaca College	20:12.7	6:31
26	25	Emily Banzer	FR	9 Hamilton College	20:13.5	6:31
27	26	Rachel Cackett	JR	9 Hamilton College	20:14.4	6:31
28		Allison Bartkowiak	SO	5 Ithaca College	20:15.1	6:32
29	27	Andrea Prusik	SO	6 SUNY New Paltz	20:17.7	6:32
30		Carolyn Malone	FR	10 Ithaca College	20:18.3	6:33
31	28	Marina Lowthain	JR	10 Royal Military Colleg	20:21.1	6:34
32	29	Mary Stewart	SR	5 Roberts Wesleyan Coll	20:24.7	6:35
33	30	Emily Beland	SR	6 Royal Military Colleg	20:30.4	6:37
34	31	Tina Choinski	FR	11 Hamilton College	20:32.1	6:37
35	32	Kendra Zaffuto	SR	7 Roberts Wesleyan Coll	20:37.2	6:39
36	33	Meleana Spera	FR	12 Nazareth College	20:47.0	6:42
37	34	Jessi Putnam	FR	13 SUNY New Paltz	20:50.9	6:43
38	35	Michaela Gildemeyer	FR	14 Nazareth College	20:51.1	6:43
39		Aubrey LaRezza	SR	8 SUNY New Paltz	20:53.3	6:44
40		Hannah Kloeckner	SO	7 Hamilton College	20:55.1	6:44
41		Kayla Mason	SO	8 Ithaca College	20:56.0	6:45
42		Mikayla Gaspary	SO	9 Ithaca College	21:01.3	6:46
43		Meghan Shanley	JR	11 Ithaca College	21:04.0	6:47
44		Melanie Pond	FR	15 Ithaca College	21:05.6	6:48
45	36	Cambria Ziemer	FR	16 SUNY-ESF	21:09.7	6:49
46		Emily Potter	SR	9 Hamilton College	21:14.1	6:51
47	37	Danielle Zgardzinsk	FR	17 SUNY-ESF	21:15.6	6:51
48		Rachel Spirito	JR	12 Ithaca College	21:16.6	6:51
49		Hallie Loft	FR	18 Hamilton College	21:17.8	6:52
50	38	Kayleigh Olive	JR	13 Nazareth College	21:22.9	6:53
51		Carissa Citro	FR	19 SUNY New Paltz	21:27.7	6:55
52	39	Erica Grohol	JR	14 SUNY-ESF	21:28.2	6:55
53	40	Bethany Althaus	SO	10 Nazareth College	21:28.5	6:55

54		Trisha Ignatowski	FR 20	Ithaca College	21:31.6	6:56
55	41	Lindsey Guzewicz	FR 21	Wells College	21:32.3	6:56
56	42	Candice Colosi	JR 15	Nazareth College	21:33.2	6:57
57		Samantha Harris	FR 22	SUNY New Paltz	21:35.3	6:57
58		Taylor Cassidy	FR 23	SUNY New Paltz	21:40.2	6:59
59		Emily Gaudet	SR 10	Hamilton College	21:41.5	6:59
60		Maggie Verspoor	FR 24	SUNY New Paltz	21:46.9	7:01
61	43	Isabelle Allain	JR 16	Royal Military Colleg	21:49.2	7:02
62	44	Paula Findlater	SO 11	Royal Military Colleg	21:53.1	7:03
63	45	Michelle Gillette	SR 11	Nazareth College	21:55.6	7:04
64		Jasmine Coffin	FR 25	Bryant & Stratton	21:59.2	7:05
65		Kim Allen	SO 12	Ithaca College	22:00.4	7:05
66		Jessica McBeck	SR 12	Hamilton College	22:01.7	7:06
67	46	Meg Guzewicz	FR 26	OCC	22:03.3	7:06
68	47	Nicole Dootz	SO 13	Hudson Valley CC	22:06.4	7:07
69	48	Yana Volodarets	JR 17	Royal Military Colleg	22:10.4	7:09
70		Grace Munro	SO 14	Hamilton College	22:11.4	7:09
71	49	Elizabeth Bourguet	FR 27	SUNY-ESF	22:12.2	7:09
72	50	Britt Ross	SO 15	OCC	22:15.0	7:10
73		Angelica Pizzi	FR 28	Ithaca College	22:15.7	7:10
74	51	Kelly Ash	SR 13	Roberts Wesleyan Coll	22:16.0	7:10
75	52	Emily Martin	JR 18	SUNY-ESF	22:17.7	7:11
76		Kristin Miga	JR 19	Ithaca College	22:18.1	7:11
77		Meghan Cass	FR 29	Ithaca College	22:20.8	7:12
78	53	Hilary Crannage	FR 30	Hudson Valley CC	22:22.2	7:13
79	54	Sonia Menard	JR 20	Royal Military Colleg	22:22.6	7:13
80		Lauren Heitzhaus	SO 16	Nazareth College	22:28.2	7:14
81		Annmarie Charno	JR 21	Ithaca College	22:28.6	7:15
82		Kelson Goldfine	FR 31	Ithaca College	22:31.5	7:15
83		Rachael Warner	SR 14	Roberts Wesleyan Coll	22:39.6	7:18
84		Kayla Murphy	JR 22	Nazareth College	22:41.5	7:19
85		Katie Mutter	JR 23	Nazareth College	22:45.2	7:20
86		Emily Lowe	JR 24	Ithaca College	22:50.1	7:21
87		Kerry Reilly	SO 17	Hamilton College	22:56.9	7:24
88	55	Mary Russo	SO 18	Mohawk Valley CC	22:58.7	7:24
89		Samantha Lawson	SO 19	Herkimer CCC	23:00.7	7:25
90		Kirsten Schoenborn	SO 20	Nazareth College	23:01.5	7:25
91		Crista Johnson	JR 25	Nazareth College	23:03.0	7:26
92		Rachel Brush	FR 32	Roberts Wesleyan Coll	23:03.6	7:26
93		Maggie Mocete	SO 21	SUNY New Paltz	23:07.6	7:27
94	56	Danielle Chagnon	SR 15	Royal Military Colleg	23:08.2	7:27
95	57	Bridget Bromm	JR 26	SUNY-ESF	23:09.2	7:28
96		Veronique Trepanier	JR 27	Royal Military Colleg	23:12.1	7:29
97		Kelly Anderson	SO 22	Roberts Wesleyan Coll	23:17.6	7:30
98	58	Jenna Delaney	SO 23	OCC	23:22.6	7:32
99		Elizabeth Kerr	SR 16	Roberts Wesleyan Coll	23:23.9	7:32
100		Alexandra Stewart	SO 24	Roberts Wesleyan Coll	23:26.7	7:33
101	59	Sara Rifendifer	FR 33	Mohawk Valley CC	23:28.6	7:34
102		Mary Losito	SO 25	Nazareth College	23:29.6	7:34
103	60	Amanda Slycer	SO 26	Hudson Valley CC	23:30.9	7:35
104		Kaylee Engle	SR 17	Roberts Wesleyan Coll	23:32.8	7:35
105		Marisa Giannico	FR 34	SUNY New Paltz	23:33.7	7:35
106		Krista Hannaford	SR 18	SUNY New Paltz	23:35.7	7:36
107	61	Kaitlin Larson	JR 28	SUNY-ESF	23:39.9	7:38
108	62	Megan Crawford	FR 35	Hudson Valley CC	23:41.9	7:38
109	63	Brienne Goodson	JR 29	Wells College	23:43.7	7:39
110		Sydney Proze	SO 27	Hamilton College	23:49.8	7:41
111		Edie Wilson	SO 28	Hamilton College	23:56.0	7:43
112		Nicole Greer	FR 36	Nazareth College	23:57.7	7:43
113		Aileen Gray	FR 37	SUNY-ESF	23:59.9	7:44
114		Charlotte Evanofski	SR 19	SUNY-ESF	24:06.0	7:46
115		Karla Griffin	SO 29	Roberts Wesleyan Coll	24:12.7	7:48
116	64	Ashleigh Genito	SO 30	Hudson Valley CC	24:43.3	7:58

117	Kelly McKenna	FR 38	SUNY-ESF	24:47.0	7:59
118	65 Crystalanne Boncell	FR 39	Mohawk Valley CC	24:48.6	8:00
119	Bridgette Joskow	FR 40	SUNY New Paltz	24:50.0	8:00
120	Alice Gallagher	SR 20	SUNY-ESF	24:57.5	8:02
121	66 Veronica Frisenda	FR 41	Wells College	25:00.7	8:04
122	67 Anastasia Benson	FR 42	Wells College	25:02.4	8:04
123	Nicole Yerina	SO 31	Herkimer CCC	25:05.7	8:05
124	Ludivine Laperriere	SR 21	Royal Military Colleg	25:16.7	8:09
125	Kristin Pasquino	JR 30	SUNY-ESF	25:22.7	8:11
126	68 Cara Andrianos	SO 32	OCC	25:39.2	8:16
127	69 Beverly Russo	SO 33	Mohawk Valley CC	25:52.3	8:20
128	70 Allison Farnum	SO 34	Hudson Valley CC	25:54.1	8:21
129	71 Kayleigh Corbett	FR 43	Mohawk Valley CC	26:05.6	8:24
130	Corrinne Giller	SO 35	Nazareth College	26:09.4	8:26
131	Shannon Bixby	FR 44	Finger Lakes CC	26:17.7	8:28
132	Caitlyn Egnaczyk	FR 45	Herkimer CCC	26:24.9	8:31
133	Susanna Baez	FR 46	Bryant & Stratton	26:49.7	8:39
134	Annalee Mishrell	SO 36	Finger Lakes CC	27:26.3	8:50
135	72 Sarah Deschenes	JR 31	Wells College	27:57.1	9:00
136	Andrea Nye	FR 47	Nazareth College	28:29.8	9:11
137	73 Tara Wild	JR 32	Wells College	28:40.1	9:14
138	74 Laura Layton	SO 37	OCC	31:56.9	10:17
139	Danielle King	FR 48	Wells College	33:22.3	10:45
140	Julisa Baez	FR 49	Bryant & Stratton	35:49.5	11:32
141	Diamond Richards	FR 50	Bryant & Stratton	35:49.8	11:32

TEAM SCORES

1. 29 Ithaca College (19:15.5 96:17.5 0:59.8)

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1	1	Heidi Baumbach	SR	18:41.5
2	4	Alissa Kersey	GR	19:04.4
3	6	Alexa Rick	FR	19:17.2
4	8	Carly Graham	JR	19:33.1
5	10	Molly Quinn	JR	19:41.3
6	(14)	Molly Brown	SR	19:51.9
7	(21)	Anastasia Diamond	FR	20:06.3

2. 55 Roberts Wesleyan College (19:31.8 97:38.9 1:29.2)

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1	3	Sarah Krolick	SO	18:55.5
2	5	Kimberly Mills	JR	19:09.4
3	7	Rachel Prutsman	FR	19:25.5
4	11	Rachel Cannon	FR	19:43.8
5	29	Mary Stewart	SR	20:24.7
6	(32)	Kendra Zaffuto	SR	20:37.2
7	(51)	Kelly Ash	SR	22:16.0

3. 70 SUNY New Paltz (19:45.6 98:47.9 1:22.0)

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1	2	Nichole Wischoff	JR	18:48.8
2	12	Amanda Wolfer	SO	19:51.4
3	13	Christina Bartonicek	JR	19:51.6
4	19	Terisa Woych	FR	20:05.3
5	24	Nikki McCarthy	JR	20:10.8
6	(27)	Andrea Prusik	SO	20:17.7
7	(34)	Jessi Putnam	FR	20:50.9

4. 103 Hamilton College (20:05.3 100:26.1 0:18.4)

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1	15	Hannah Lyons	SO	19:55.1
2	18	Sara Scheineson	SR	20:01.5
3	22	Allie Gurney	SO	20:07.2
4	23	Glenn Watkins	SR	20:08.8
5	25	Emily Banzer	FR	20:13.5
6	(26)	Rachel Cackett	JR	20:14.4
7	(31)	Tina Choinski	FR	20:32.1
5.	166	Nazareth College		(20:55.1 104:35.2 1:22.8)
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1	20	Kelsey Ryan	JR	20:05.7
2	33	Meleana Spera	FR	20:47.0
3	35	Michaela Gildemeyer	FR	20:51.1
4	38	Kayleigh Olive	JR	21:22.9
5	40	Bethany Althaus	SO	21:28.5
6	(42)	Candice Colosi	JR	21:33.2
7	(45)	Michelle Gillette	SR	21:55.6
6.	193	Royal Military College		(21:20.9 106:44.2 1:49.3)
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1	28	Marina Lowthain	JR	20:21.1
2	30	Emily Beland	SR	20:30.4
3	43	Isabelle Allain	JR	21:49.2
4	44	Paula Findlater	SO	21:53.1
5	48	Yana Volodarets	JR	22:10.4
6	(54)	Sonia Menard	JR	22:22.6
7	(56)	Danielle Chagnon	SR	23:08.2
7.	205	Mohawk Valley CC		(22:10.8 110:53.8 5:10.7)
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1	9	Savannah Boucher	FR	19:37.9
2	17	Stephanie Peck	FR	20:00.0
3	55	Mary Russo	SO	22:58.7
4	59	Sara Rifendifer	FR	23:28.6
5	65	Crystalanne Boncella	FR	24:48.6
6	(69)	Beverly Russo	SO	25:52.3
7	(71)	Kayleigh Corbett	FR	26:05.6
8.	213	SUNY-ESF		(21:40.7 108:23.4 1:08.0)
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1	36	Cambria Ziemer	FR	21:09.7
2	37	Danielle Zgardzinski	FR	21:15.6
3	39	Erica Grohol	JR	21:28.2
4	49	Elizabeth Bourguet	FR	22:12.2
5	52	Emily Martin	JR	22:17.7
6	(57)	Bridget Bromm	JR	23:09.2
7	(61)	Kaitlin Larson	JR	23:39.9
9.	253	Wells College		(23:03.4 115:16.7 5:04.8)
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1	16	Emily Middlebrook	FR	19:57.6
2	41	Lindsey Guzewicz	FR	21:32.3
3	63	Brienne Goodson	JR	23:43.7
4	66	Veronica Frisenda	FR	25:00.7
5	67	Anastasia Benson	FR	25:02.4
6	(72)	Sarah Deschenes	JR	27:57.1
7	(73)	Tara Wild	JR	28:40.1
10.	286	Hudson Valley CC		(23:17.0 116:24.7 2:36.9)
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1	47	Nicole Dootz	SO	22:06.4
2	53	Hilary Crannage	FR	22:22.2
3	60	Amanda Slyer	SO	23:30.9

4	62	Megan Crawford	FR	23:41.9
5	64	Ashleigh Genito	SO	24:43.3
6	(70)	Allison Farnum	SO	25:54.1

11. 296 OCC (25:03.4 125:17.0 9:53.6)

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1	46	Meg Guzewicz	FR	22:03.3
2	50	Britt Ross	SO	22:15.0
3	58	Jenna Delaney	SO	23:22.6
4	68	Cara Andrianos	SO	25:39.2
5	74	Laura Layton	SO	31:56.9