



The College of New Jersey

**Office of Student Health Services**

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**CONTINUATION OF IMMUNOTHERAPY INJECTIONS AT THE COLLEGE OF NEW JERSEY**

**ALLERGIST INFORMATION**

**Dear Allergist:**

Your patient would like to continue their allergy injections in our office while they are at school. Although we realize that this is not always an acceptable alternative for some patients, especially those at higher risk of serious reactions, it has been our experience that Allergists consider our office a safe option for the majority of TCNJ students receiving allergy shots.

Strict policies have been developed to help assure the safe administration of allergen extract. These measures include the following:

- Allergy injections are administered by a licensed registered nurse and supervised by licensed, board certified family and adult nurse practitioners.
- Aqueous epinephrine, diphenhydramine, and O<sub>2</sub> are on-site.
- All clinical personnel have current CPR/AED certification and receive training in the recognition and treatment of local and systemic allergic reactions.
- Local emergency medical response is readily available and two major acute-care hospital emergency departments (Capital Health System) are located within 4 miles of our office.
- Allergy injections are administered by appointment and only when there are at least two (2) nurse practitioners in the office.
- The required observation period after injection is 30 minutes.
- We do not administer first injections from new allergen extract vials, single dose vials, nor do we mix extracts for injection.
- We do not administer allergy injections to students with a history of high degree of allergen test activity, those taking beta-blockers, and those with currently symptomatic asthma or suffering from an exacerbation of their allergic disease.

Further, we require that student bring the following information from their allergist **before** receiving their injections in our office.

- **Detailed written instructions containing the following:**
  - Date, dosage and reaction to last injection
  - Documented proof that patient has received first injection from allergen extract vial at allergist's office
  - Adjustment of allergen doses during buildup phase as well as at maintenance (dosage schedule)
  - Adjustment of doses during seasonal allergen peak, if applicable.
  - Frequency of injections
  - Adjustment of dose for local reactions
  - Adjustment of dose for missed or late injections
  - Allergist's signature
  - Allergist's office address, telephone number, and fax number

Continued on reverse

- **Clear labeling of Allergen Extract Vials with the following information:**

- Patient's full name
- Contents of each vial
- Strength (potency) of each vial
- Expiration date

Your cooperation is truly appreciated. Please do not hesitate to contact us at (609) 771-2889 if you have any questions. Thank You.

Sincerely,

Janice Vermeychuk, FNP

Director, Student Health Services